

# President's Message



Hi Everyone! So I promised to tell you who the teachers are for next year – and this is the moment. This is going to be a great weekend – with three – count them – three teachers. First is <u>AHMET LULECI</u>, whom, if you've not heard of him, you are very new to the folk dance world. We had him in

1995 (a loonnngg time ago), loved him then, and I know we'll love him even more. He's still gorgeous (that doesn't hurt) and continues to impress people around the world with his dances and teaching.

But to add to that we're also bringing his dance partner/teacher, <u>EVREN</u> <u>SOYTOPCU KIYAK</u> (no, I can't pronounce it) who is gaining her own excellent reputation in the world of Turkish dance. She specializes in women's dances, spoon dances, roman dances, and together they are unstoppable.

BUT WAIT – THERE'S MORE! A third teacher will be coming to us from Macedonia – ok – he lives in Canada now, <u>VLASTO PETKOVSKI</u>, and he is gaining his own good reputation – as an example – he wowed them at Mainewoods Dance Camp. The following pages are vitas from all three – and if that doesn't make you want the year go faster – I give up!

Editor's Comments: At the moment, I can't think of a thing to say. Oh. I found the decorations box, it was much smaller than what I thought I was looking for. Makes me nervous when I do stuff like that.



(I just had to put this in - after all - how often do you get a compliment like this?)

WOW! What a spectacular issue. Thanks to you and Vicki for a phenomenal job. Love, Doris

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## 2019 Camp Instructor Bios

#### AHMET LULECI Bio



A native of Turkey, Ahmet is an accomplished choreographer, dance teacher and performer as well as a researcher of Anatolian culture. He is currently the artistic director of the Boston based Collage Dance Ensemble, which allows him to

further his goal of making folk dance and music accessible to a wider audience.

He is the winner of Crash Art's "Dance Straight Up! 2004 and 2006", "Ten's the limit 2005" and Boston Dance Umbrella's "Boston Moves 2001" awards for choreography. His choreography set for Budlet dance company won the Gold medal at "Hong Kong Open Dance Competition 2004". He was also recently presented with the 2002 Award for Outstanding Achievement in the Arts & Humanities by ATAA (the Assembly of Turkish American Associations). His company, Collage, has won the fifth place at the world dance competition in year 2003.

Since arriving in North America in 1985, he has taught many workshops and camps throughout the United States as well as Canada, Japan, Taiwan, Hong Kong, Holland, England, Switzerland, Brazil, Argentina, Germany, Norway, Italy, Spain and Australia. He has set innumerable suites of dances for the stage working with dance organizations around the world.

Some of the notable performing ensembles with whom he has worked include Aman of Los Angeles, BYU dancers of Provo, Budlet of Hong Kong, Les Sortileges of Montreal, and Vinok of Edmonton. In his native Turkey, he choreographed for Hoytur and Turhoy of Ankara, Anadolu Universitesi of Eskisehir. In 1991 Ahmet joined the Artistic Staff of Aman as resident choreographer.

From 1974 to 1985, he taught in several excellent ensembles in Ankara, Istanbul, Eskisehir and Bursa. For nearly five years prior to his departure for North America in 1985, Ahmet also served as Director of Dances for Hoytur, long considered Turkey's leading folkdance association. Since the age of eight he has danced with numerous school ensembles and private associations, many of which won outstanding awards in city-wide and national-international competitions. Between 1973 and 2003 he participated in international dance festivals and competitions throughout western and eastern Europe. In addition, he and his ensembles appeared in more than 60 programs broadcast nationally in countries such as Turkey, France, Denmark, the Netherlands, USA, Canada, Brazil and Germany.

His college major was music, specializing in voice. Just as his love of folksongs guided him toward academic study of music, Ahmet's fascination with dance led him to conduct scholarly research into the historical, social and cultural background of the costumes and spoon dances from Turkey's Mediterranean coast. His efforts resulted in an exhaustive 400 page study for which he was awarded First Place in the 1985 national competition in research on the Folkdances of Turkey by the Turkish Ministry of Youth, Sports, and Education. In 1997 Ahmet completed a second degree in Fine Arts.

He is an adjudicator at the Llangollen International Musical Eisteddfod held yearly in Wales.

He is currently the Artistic Director of Collage Dance Ensemble and served as an International Art Director of "Outside the Box" International Arts Festival in 2015, which took place in Boston.

#### EVREN SOYTOPCU KIYAK Bio



Evren started dancing in elementary school in Ankara, where her group won the first prize in a national folk dance competition. As a teenager she joined Hoytur, the national and international champion folk dance company based in Ankara, and danced with them for ten years.

Evren then joined the professional dance company "Sultans of the Dance" which later became "The Fire of Anatolia" in Istanbul, and danced with them from 1999 to 2005. She has traveled around the world with several different dance projects as a dancer and soloist.

She has learned from and worked with many known choreographers in Turkey such as Nesrin Topkapi,

Ahmet Luleci, Mustafa Erdogan, and Oktay Keresteci.

In 2007 Evren completed a "master teacher" diploma program, which was organized by the Turkish ministry of education. Since then she has been teaching dance in schools and also private workshops in Turkey and around the world. She has taught in Turkey, Hong Kong, Taiwan, Germany, Italy, Switzerland, Hungary, Brazil, Japan, Macedonia, Greece and in USA at international dance workshops.

In 2014, Evren has served as an adjudicator at the Llangollen International Musical Eisteddfod held yearly in Wales, UK.

#### VLASTO PETKOVSKI Bio



Vlasto was born on July 29th, 1957 in Romanovce, Kumanovo, R. Macedonia. His love of folklore sparked early in his childhood and in 1970 he became a member of the folk dance group "Cvetan Dimov" in Skopje. As a high-school

student, he transferred to the academic folk dance group "Mirce Acev" where he was a member for four years. In 1977, Vlasto auditioned for the national ensemble of folk dances and songs, Tanec, and was hired to work as a folk dancer and singer. In 1986-1987 Vlasto also worked as the choreographer of the folk dance group "Grigor Prlicev" in Skopje. Vlasto worked in Tanec until 1995, building a wealth of experience in presenting the Macedonian folklore and culture.

In 1995, Vlasto, together with his family, emigrated to Canada. As soon as May 1996, he restarted the Macedonian folk dance group "Ilinden" of St. Ilija Macedonian Orthodox Church in Mississauga, ON. Vlasto has tirelessly contributed his time and energy in presenting the rich Macedonian folklore to younger

generations of children. However, he could not have accomplished all that he has without the loving support of his wife, Karolina, through all of the endeavours. He passed on his love of sharing the rich Macedonian folklore to his children, Emilija and Marjan, who were one of the top-performing dancers in the folk dance group "Ilinden" in Mississauga. Vlasto also shared his love of Macedonian folklore to the young children of St. Bogorodica Macedonian Orthodox Church in Cambridge, OM as well as managing the newly-formed group "Tanec" from St. Nedela Macedonian Orthodox Church in Ajax, OM, for one year. From October, 2012 until May, 2016 he managed the folk dance group "Vezilka" from St. Nedela Macedonian Orthodox Church in Ajax, ON. As of November, 2014, Vlasto manages the adult folk dance group "Zdravec" from St. Dimitrija Solunski Macedonian Orthodox Church in Markham, ON. In November, 2014, Vlasto joined the international dance groups for adults in Hamilton, ON, managed by Stefanija M., and Toronto, ON, managed by Olga Sandolovich. Last year in August, 2017 Vlasto taught Macedonian folk dances at Mainewoods International Folk Dance Camp in Fryeburg, Maine, USA.

## Special Events

#### Flagler Fling Announced

The 16th of June is fine for the Flagler Fling. 11:30 am to 5 pm or thereabouts. And of course stay over for beach walking, games, and going out for Sunday lunch and a swim at Jan's.



Table games, wine, swim at various homes Spend the night, then participate in our 10:00 am Sunday walk on the beach followed by brunch at very cool restaurant Limited sleeping space

### SCA Oplenac, Premiere Folk Dance Concert, A Serbian Story SCA OPLENAC

Aventura Arts And Cultural Center June 9 at 6 pm \$30 http://www.culturalsquare.org/102.html

SCA Oplenac (from Toronto, CA) is the best folk dance performing team ever assembled outside of Serbian proper. A Serbian Story is the most watched



Serbian cultural event in North America. The show received standing ovations throughout all of the major cities in USA in past years. Everyone in the audience and on the stage experienced a night to remember. We're back with new breathtaking choreographies ready to amaze our Miami audience. Free parking is available in the lots adjacent to the Aventura Arts & Cultural Center in front of the Aventura Community Recreation Center and the Aventura City of Excellence School. Valet services are available for ticketed events at \$10 per vehicle. There is a convenient drop-off area in front of the building.

### English Country Dance Atlanta - Fandango 2018

Decatur Recreation Center, 231 Sycamore Street, Decatur, GA 30030 September 21-23, 2018 Check website for prices, hotels, etc. www.ecdatlanta.org/fandango2018

The Dance Leader will be Brooke Friendly, who has been teaching ECD since 1982. Brooke has led dance camps, weekends, festivals, balls, and other events around North America and England. In addition, she leads callers' workshops for English country dance teachers. With her husband, Chris Sackett, Brooke has devised English and Scottish Country Dances, to increasing international acclaim, since 1996. Music will be provided by Roguery, a versatile English Country Dance band.



These are the dancers who were at the Saturday evening Ball in Cocoa Beach for the Sharpes Assembly. Photo by Patrick Harrigan

## Club Reports In

### Sarasota Grapeviners by Lynda Harris

You know how it is when you hire a contractor to do a remodeling project in your home? They come in the first day, all full of energy and good intentions, and tell you they'll be out of there within two weeks. They tear out a wall, then leave for the day, leaving a blizzard of drywall dust in their wake. The next day, they don't show up... or the following day. Now it's the weekend, no one answers their phone. When you finally connect with someone the following week, they're all apologies and promises: a rush job came up, but as soon as it's finished, they'll be right back on your project.

Right.

Back in September 2017, the Grapeviners were informed that the building housing our dance space was to undergo renovations, beginning the second week of December and taking 8-12 weeks. So we You've heard of "Band on the Run"? We're the Grapeviners on the Run!

Meanwhile, we found out that the renovation project started later than originally planned (big surprise!) and the anticipated completion date is now July 2018.

Good grief.

So until further notice, you'll find us on Wednesdays at Zumba Sarasota, 4900 Fruitville Road, Sarasota. Our summer hours (starting May 2) are 7:15-9:15. (But don't be surprised if we move again!) We love having guests, so please try to join us sometime this summer; just check our website

#### http://ifdsarasota.webs.com

for our location-de-jour. Many thanks to our webmaster Sergio for keeping our website up to date

moved to a different location, with (we thought) an understanding that we could continue to rent this space until the renovations of our "home space" were complete.

That didn't happen. But thanks to a LOT of legwork by Susan Barach and other board members, we were able to



with all of our changes.

Our all-requestnight Dance Day celebration was lots of fun, with a great turnout. Thanks to all who came and danced!

Every week now, we wish a fond and sad farewell to a few more of our snowbirds. Having you with

move right across the parking lot into the Zumba studio in February. It's a nice little space with good vibes, but it also has a small stage that sticks out into the dance area. The possibility that a dancer will get injured is nudging us towards looking for a new space. us always adds so much to our dancing experience. We'll miss you all, and look forward to your return to Sarasota next winter. Who knows where we'll be dancing then!!

## Gainesville Update by Joyce Dewsbury

The Gainesville International Folk Dance group has been dancing every Thursday at the Rosa B. Williams Center. It has proven to be a very good location for us. We dance, have a short break with announcements and snacks, and then dance until it is time to leave. We are always happy when some new folks join us.

There have been some recent activities such as some of the group dancing at the Spring Arts Festival with the Klezmer Band on April 8.

For about a month and a half we were delighted to have Gary and Peg come to Gainesville. They were here to fix up a house which they had been renting and then sold it. They had danced with us several



years ago until they began living and traveling in Europe. They will be returning to Europe and are thinking of going to Poland. Gary has become an

artist and shares his very fine paintings and drawings on Facebook and on his blog. We will miss them. Here is a photo of Peg, Julieta, and Gary at one of their last times to dance with us. We do some fun things at our dance nights and here is a photo of us all wearing masks.



Julieta organized some dance performance or demonstration activities for the group. One was a practice session with Andy Weitzen, a teacher of Israeli dance on April 23. Then the group danced at ArtWalk which takes place the fourth Friday of every month in downtown Gainesville. On Sunday April 29 the group danced to the music of Klezmer Katz at Depot Park in downtown Gainesville.



### Our Dancers Keep Balkan by the Beach Going Strong by Robin Brigaerts

With the snowbirds departing for home, many South Florida folk dance groups have begun to shutter their doors for summer. Not so Balkan by the Beach. We are one of the few places you can count on yearround for international folk dancing.

Last Friday we danced our feet off! We did just shy of 40 dances, including requests that ranged from Floricica to K'var Acharei Chatzot. More than 25 dancers showed up, including a few people we hadn't seen for months. A couple of people even brought family members who were visiting from such far off places as Texas and Israel. With such a friendly group, no one felt intimidated by a lack of experience and everyone joined in on the easy dances.

In our group, anyone who likes a dance and feels comfortable doing so is encouraged to lead it. And people who were once too shy have really been stepping up lately. For those who choose to sit out a dance, there's always someone interesting to talk to on the sidelines.

Each week, Paul provides a healthy snack during the break. Sandra is always at the ready to help him serve and clean up. We have a few cooks in the group who supplement his offerings from time to time. Last week, Alcita brought her homemade cheese biscuits. When mangoes are in season, Debbie has been known to bring baskets of them, and even a loaf of her homemade mango bread. After Passover, about half a dozen people brought their leftover treats to share.

Our group includes several leaders of their own dance

sessions and all are most generous with their expertise. Esther, Henry, and Ricki have



all taught dances this month at Balkan by the Beach. Sandy and Esther taught Israel Sheli to celebrate Israel's 70th anniversary. A clip from our video is included in the worldwide demonstration of the dance on YouTube.

After the session ends, a small group of us walk across the parking lot for what must be the biggest bargain in Delray Beach: a \$4.99 lunch at Ocean One. It gives everyone--including me--a chance to socialize. Plus, the food is actually good. Last week, there was a tornado alert and a few of us decided to stay for coffee and dessert. Delicious!

If you're near Delray Beach, please join Balkan by the Beach for a fun international folk dance session. We meet Fridays from 11 to 1:15 at Veterans Park, 802 NE 1st St, Delray Beach, FL 33483. For more information, contact me at <u>rfbrigaerts@gmail.com</u>.



Israel Sheli (Hora Ha 70) with Esther Mazor, Robin Feiglin Brigaerts, Henry Temchin, Sue-Ellen Treitman Flescher, Sandra Suplicki, Adrienne Hornstein, and a few others. This dance was choreographed specifically for Israel's 70th Independence Day. Groups all over the world danced it, and sent in their videos of them doing the dance. A special video will be made of all of these.

### Balkan By The Beach Goes To The Garden by Robin Brigaerts

Balkan by the Beach dancers really enjoy spending time together. We dance together. We lunch together. We even visit botanical gardens together.

Last week, a group of our dancers toured Mounts Botanical Garden. Although Mounts is in our own backyard so to speak, few of us had been there. And who better to lead us than Karen Goldenberg, one of our dancers who is also a Master Gardener and a regular volunteer at Mounts!

We were lucky enough to catch the Washed Ashore exhibit, which features giant sculptures of aquatic animals created entirely from plastic beach debris such as shovels, tooth brushes, and umbrella handles. According to the Mounts website,



"Americans generate 4.4 pounds of trash per person daily, on average. Unfortunately, much of it ends up in the ocean. Plastic products in sea water can break down into tiny microplastics that may be swallowed by marine animals. Derelict fishing gear, such as monofilament line, can entangle or be ingested by animals such as sea turtles, dolphins and other marine life — causing injury or even death."

Fortunately, our own Barbara Field, an awardwinning photo artist, brought along her camera. You can see some examples of her photos below.

The exhibit, which is well worth seeing, closes on June 3. For more information, visit the Mounts website at mounts.org.



#### Brevard International Folk Dancers by John Daly

John is back from a vacation of dancing Swedish dances, visiting an organ pipe manufacturer, helping to score a dog



show, and visiting with his California family.





Maybe he'll have time for the Flagler Fling!

#### OIFDC by Pat Henderson

Our club co-hosted the Spring Fling on March 24 with FFDC. It turned out to be a terrible date with conflicts for some and illness with others at the height of flu season. I promise never again to have it so early so we can have better attendance! Those of us who came had a great day dancing in spite of not having enough men to do set dances.

In March, we finally finished our alphabetical order of dance names that started last fall. We would highlight a letter or two and feature dances with the letter. When we were doing "S", we had to have two weeks since there were so many dances starting with "S." We usually did around 10-14 dances of the letter each week. It was a way to do dances that we had not done in a long time since we are an all-request group.

Those traveling since the last newsletter were Bonnie Jardaneh and Rich and Linda Nicoli, all to Europe. In March, Bonnie had 24 hour notice that she was going on a whirlwind backpacking trip with her son starting in Dubrovnik, Croatia. They bused to Montenegro, Albania, Kosovo, Macedonia, Bulgarian and Romania visiting the capital cities. In April, Rich and Linda, who dance with us and Melbourne, were on a biking cruise in the Amsterdam area along with years ago. In mid April, Bobby and I had a quick trip to the Lafayette, Louisiana area for the funeral of his brother, Eugene. Bobby was the oldest of 4 sons and now he is the only survivor. That shows that the folk dancing life style gives you longevity.

In happier news, we had a Birthday Bash on April 4 for our eight members who have a birthday between



March 29 and April 20. All 8 came and we had a great time with around 25 dancers in attendance! See the photo of all 8 and another of them blowing out the candle of a question mark (?)! A good time was had by

some dancer/ biking friends from Wisconsin. When the cruise ended, they enjoyed seeing Paris and London for a week. They were there when the new prince was born.

In early April, we were notified that Fred Schockey had passed away. He had not danced with us since Juanita died almost two



all.

<u>PS: Kelly is</u> <u>having high</u> <u>risk cataract</u> <u>surgery April</u> <u>2nd.</u>

#### Tampa Trivia by Terry Abrahams

Judith first went to Colorado to dance at one of her favorite Scan camps, then off again the next weekend for a family reunion in California. Andi is off to Vancouver, planning to dance with the Serbian group as well as International and Israeli. That leaves Terry and Andy, who, at least got to Sarasota for their World Dance Day. Thanks for a good time you guys. Vicki went the last night of Andi's teaching for the year, I was sick and couldn't go.





I danced and taught dancing at the Brandon synagogue, also sang and danced with others at Rodeph Sholom Synagogue, and danced at the JCC - it is Israel's 70th birthday of Independence and all were happy to celebrate. The Messianic gang helped dance - it was good to have them. I always hope someone will be watching at one of things and decide to join us-wishful thinking. We are such a tiny group. But we dance happily along.

### How It All Began

#### How I Started Folk Dancing by Susan Barach

My husband, Howard, and I moved to Sarasota, FL in 2000. We took a drive over to the Jewish Community Center and I saw that they had Israeli Dance classes. The next week I went to one of their classes, and people asked me if I go to International Folk Dancing at the Bayfront Community Center. I said I've never done that, but decided to try, so the next Wednesday, there I was. Anne Kessler was the teacher. I, of course, didn't know a single person, since I had been in Sarasota about a week at this point. Anyway, people at folk dancing were very friendly and welcoming (of course!!!) and I loved the music. When I got home that night my husband asked me how I liked it. I said I loved it but that I could never catch on to all the different steps, etc. I've been going every week since then, and of course the rest is history. I am the Coordinator of the Sarasota Grapeviners and I try to make sure that our group is as friendly and welcoming to new people as they were to me when I first began.

## Footnotes...

#### National Folk Organization Annual Conference 2018 by Pat Henderson

This year's annual NFO conference was held in Tenafly, NJ from April 26-28 in conjunction with the New Jersey Folk Festival on April 28. The event began with a joint board/membership meeting on Thursday at the Church of the Atonement in Tenafly. That evening, we were entertained by Steve Weintraub and his Klezmer band. He led us through some Yiddish party dances that were easy to follow and then shared several Israeli dances with an international flavor. He taught an Israeli Krakowiak and also a square dance called Sher. Bobby and I had learned that one decades ago. In our square was Jim Gold and Roo Lester. It was guite strange to learn a dance with your previous teachers! With Ed Austin and Steve Kotansky, four attendees were our previous workshop teachers.

On Friday, there were several programs on tap starting with the keynote address by Allegra Fuller Snyder. We later found out that she is the daughter of Buckminster Fuller. She is a dance ethnologist and Professor Emerita at UCLA where she was instrumental in developing the Dance Ethnology program. She shared her life influences and her focus on dance and culture after starting as a ballet dancer.

Jeanette Geslison, the Artistic Director of the Brigham Young Folk Dance Program shared the details of a project where dance students from Minzu University in China shared a dance suite with the BYU Folk Dancers in their annual Christmas Around the World concert. It was inspiring to see the video summarizing the project and see the students share so much together in spite of language differences. Dance is its own language.

Glyn Webber from Columbia, Maryland shared how his group has members who meet weekly to organize music into their gigantic MP3 database. He recommended to pick your software wisely and he likes Music Man and the MIT program. Some dances have duplicates in different versions and speeds. For example, Bucimis had 27 entries so he puts a star by the favorite one.

After lunch, Ethel Raim lead a Balkan singing workshop. Ethel is the Artistic Directory of the New York Center for Traditional Music and Dance, formerly the Balkan Folk Arts Center and she worked closely with Martin Koenig.

Murray Spiegel, NJ folk dancer, talked about his book where he took the four questions of Passover and showed translations for them into 300 languages and codes. The title is, 300 Ways to Ask the Four Questions.

The last program was a discussion of folk dancing and YouTube led by Steve Kotansky and Loui Tucker. In the end, we all agreed that you cannot always rely on the authenticity of a dance on YouTube.

After dinner, we had an all request dance party.

On Saturday, we started out with a dance workshop with Michael Ginsburg. Bobby and I had never seen him but we knew his name. He is in a brass band and plays the trumpet. In fact, he supplemented the music after he taught us a dance. One of the dances was a Sborinka.

Then Steve and Susan Kotansky presented an Albanian dance workshop where they shared village dances that are commonly done. We had a preview to some of these since Kelly Fagan was on the Albanian trip last year with them and Yves Moreau.

After lunch, the New Jersey Folk Festival started in the gym of the Tenafly Middle School. This is a festival that is sponsored by a different NJ folk dance group each year. Each dance group plays 6 to 7 dances and everyone dances if they wish. There were between 250 and 300 dancers there and during

some dances, the circle filled the

Continued on Page 13

### National Folk Organization Annual Conference 2018 (continued)

Continued from Page 12

entire gym. We saw so many

people we knew that had either come to our camp or been on folk dance trips with us. It was great to see Siu-Ching Lui and Paul Tong who came to our camp this year and they lead their group. Two of their dances were from our camp this year and our favorites too. It is amazing to see how dancers from all over the United States see the same dances presented and then end up keeping the same ones. In addition to dances, there were many tables of refreshments.

The finale of the NFO Conference was the Heritage Awards Banquet which was held at the host hotel, the Clinton Inn Hotel in Tenafly. Allegra Snyder and Ethel Raim received the Preserving Our Heritage Award for their contributions. After the dinner, we ended the event with some request dancing. It was announced that next year's NFO Conference will be in Provo, Utah from April 4-7. I am making reservations now! It will probably involve some BYU dancers! For more information on NFO and pictures of this year's event, visit: www.nfo-usa.org.

(Editors Note: for those who are members of the NFO)

One of the founders of the NFO, Mary Bee Jensen, passed away on Friday, April 13, a few weeks shy of her 101st birthday. A memorial service was held on Saturday, April 21, in Orem, UT.

As NFO co-founder George Frandsen wrote:

"Her life was full of accomplishments, honors and successes, and no one could think death robbed us of our time with her. Her dream was to bring the world's cultures to her students through the medium of folk dance, and she succeeded beyond even her own ambitious hopes and expectations. She touched the lives of thousands of students, and they, in turn, have influenced thousands more individuals. We will miss her contagious enthusiasm and near limitless energy.

"When she and I met for the first time to discuss founding a national folk organization, her goal was to bring people together. She fought to keep NFO inclusive, and open to everyone with an interest in any aspect of folk dance, music and folk culture. She never lost sight of this."

#### Some Tidbits from Jim Gold

Inspired by our recent tours to Greece, France, and Cuba, I've choreographed 9 new folk dances. (One for each planet.). These 9 dances are now on Youtube. For your next terpsichorean folk dance adventure, pleasure, and practice, please click on the links below. Feedback is always appreciated. Greece:

- 1. To Dilino: https://www.youtube.com/watch?v=d13XOtS-GvA
- Hasapico Athens: https://www.youtube.com/watch?v=1FJk0H45Hxs 2.
- Hasapico Argo: https://www.youtube.com/watch?v=bPFYX8kknws 3.
- 4. Katerina Mou: <u>https://www.youtube.com/watch?v=CJOOxFHkHpY</u>
- 5. Oniro Tis Nychtas: https://www.youtube.com/watch?v=u0pLdjATWy0

#### France:

- Fredo: https://www.youtube.com/watch?v=MT7ayiBX2 6.
- A La Claire Fontaine: https://www.youtube.com/watch?v=r9W0wkNURgY 7.

#### Cuba:

Sendero Triste: https://www.youtube.com/watch?v=pJQoB4mRs3g 8.

#### USA:

9. Man of Constant Sorrow: <a href="https://www.youtube.com/watch?v=nXQkyHSKyWM">https://www.youtube.com/watch?v=nXQkyHSKyWM</a>

## Passages

#### Remembering Joy Herndon

An Orlando IFDC former dancer, Joy Herndon, passed away on Wednesday, May 2, at the age of 81. Services were held Monday, May 7 at the Woodlawn Cemetery and Memorial Park, in Gotha. Here is the website: www.dignitymemorial.com/obituaries/gotha-fl/joy-herndon-7841372



## More Proof We Should Dance

Editors Note: Jan Lathi found this one.

#### **The New York Times**

#### Walk, Stretch, or Dance? Dancing May Be Best for the Brain

#### By Gretchen Reynolds

March 29, 2017

Could learning to dance the minuet or fandango help to protect our brains from aging?

A new study that compared the neurological effects of country dancing with those of walking and other activities suggests that there may be something unique about learning a social dance. The demands it places on the mind and body could make it unusually potent at slowing some of the changes inside our skulls that seem otherwise inevitable with aging.

Neuroscientists and those in middle age or beyond know that brains alter and slow as we grow older. Processing speed, which is a measure of how rapidly our brains can absorb, assess and respond to new information, seems to be particularly hard hit. Most people who are older than about 40 perform worse on tests of processing speed than those who are younger, with the effects accelerating as the decades pass.

Scientists suspect that this decline is due in large part to a concomitant fraying of our brain's white matter, which is its wiring. White matter consists of specialized cells and their offshoots that pass messages between neurons and from one part of the brain to another. In young brains, these messages whip from neuron to neuron with boggling speed. But in older people, brain scans show, the white matter can be skimpler and less efficient. Messages stutter and slow.

Whether this age-related decline in white matter is inexorable, however, or might instead be changeable has been unclear.

## Calendar, Events, and Tours

Look for more information on events, tours, and cruises on the calendar of the FFDC website: <u>www.folkdance.org</u>

#### Calendar

**5/11/18:** International Folk Dance Camp - Hopewell Junction, NY, <u>http://www.princetonfolkdance.org/</u> <u>PFNFD News + Cover.pdf</u>

**5/18/18:** <u>Ontario Folk Dance Camp</u> - Kitchener-Waterloo, ON, Canada, <u>http://www.ontariofolkdancecamp.ca/</u>

**5/18/18:** <u>California Statewide Folk Dance Festival</u> - Reseda, CA, <u>http://www.folkdancesac.org/2018-statewide-festival.html</u>

**5/25/18:** <u>Florida Folk Festival</u> - White Springs, FL, <u>http://www.floridastateparks.org/folkfest</u>, Florida State Parks

5/25/18: Northwest Folklife Festival - Seattle, WA, http://www.nwfolklife.org/

5/31/18: June Camp: an International Folk Dance Weekend - Dekalb, IL,

http://www.sites.google.com/site/junecampifd

06/09/18: SCA Opelenac, A Serbian Story - Aventura, FL, http://www.culturalsquare.org/102.html

6/9/18: Scandia Camp Mendocino - Mendocino Woodlands, CA, http://www.scandiacampmendocino.org/

6/10/18: International Folkfest - Murfreesboro, TN, http://mboro-international-folkfest.org/

6/15/18: International Festival - Boulder, CO, http://www.boulderdancecoalition.org/internationalFest.php

6/16/18: Flagler Fling - Flagler Beach, FL, No web Information,

6/16/18: Mendocino Folklore Camp - Mendocino Woodlands, CA, http://www.mendocinofolklorecamp.com/

**6/21/18:** Folk Dance and Music Weekend and Folk Days - Plymouth, MA, <u>http://www.facone.org/pinewoods/pinewoods.html</u>, Folk Arts Center of New England

**6/23/18:** <u>Balkan Music and Dance Workshop</u> - Mendocino Woodlands, CA, <u>http://www.eefc.org/</u>, East European Folklife Center

**6/24/18:** <u>Nordic Fiddles and Feet</u> - Lyman, NH, <u>http://www.nordicfiddlesandfeet.org/</u>, Nordic Fiddles and Feet

6/29/18: Toronto Israeli Dance Festival - Toronto, ON, Canada, http://www.israelidancetoronto.com/

7/11/18: Door County Folk Festival - Sister Bay, Ephraim & Baileys Harbor, WI, http://www.dcff.net/

7/13/18: Montana Folk Festival - Butte, MT, http://www.montanafolkfestival.com/

7/15/18: Stockton Folk Dance Camp - Week 1 - Stockton, CA, http://www.folkdancecamp.org/

7/15/18: KDI Dance Camp - Murray, KY, http://www.knobtiger.com/

7/19/18: Folkmoot USA - several towns, Western NC, http://www.folkmootusa.org/

7/22/18: Stockton Folk Dance Camp - Week 2 - Stockton, CA, http://www.folkdancecamp.org/

Florida Folk Dance Council, Inc.

#### Calendar (continued)

7/27/18: Lark Camp - Woodlands, CA, http://www.larkcamp.com/

7/29/18: Ti Ti Tabor Hungarian Folk Camp - Gig Harbor, WA, http://www.tititabor.org/

**8/2/18:** <u>New Mexico August Global Dance Camp</u> - Montezuma, NM, <u>http://www.swifdi.org/</u>, Southwest International Folk Dance Institute

8/4/18: Eat Coast Balkan Music and Dance Workshop - Rock Hill, NY, http://www.eefc.org/

8/12/18: <u>Mainewoods Dance Camp Week 1</u> - Fryeburg, ME, <u>http://www.mainewoodsdancecamp.org/</u>

8/19/18: Mainewoods Dance Camp Week 2 - Fryeburg, ME, http://www.mainewoodsdancecamp.org/

**8/31/18:** <u>Karmiel USA - Israeli Folk Dance Weekend</u> - Highlands, NC, <u>http://karmielusa.wix.com/dance-camp</u>, Ruthy Slann

8/31/18: Balkanalia - Corbett, OR, http://balkanalia.org/, Balkan Festival Northwest

**8/31/18:** Labor Day Weekend at Pinewoods - Plymouth, MA, <u>http://www.facone.org/labor-day-weekend/labor-day-weekend.html</u>

9/14/18: Mountain Playshop with Shmulik Gov-Ari - Black Mountain, NC, http://www.mountainplayshop.org/

**9/20/18:** <u>Tamburitza Extravaganza</u> - Los Angeles/Burbank, CA, <u>http://www.zivila2018.com/</u> Tamburitza Association of America

9/20/18: World Camp - Rock Hill, NY, http://www.worldcamp.us/

**9/20/18:** World Village Music & Dance Camp - High View, WV, <u>http://www.worldcamp.us/</u>, World Music & Dance Institute

**9/21/18:** <u>Fandango Dance Weekend</u> - Decatur, GA, <u>http://sites.google.com/site/</u> <u>englishcountrydanceatlanta</u>, English Country Dance Atlanta

**10/5/18:** Oktoberfest International and Dance Weekend - Fairlee, VT, <u>http://www.facone.org/oktoberfest/oktoberfest.html</u>, Folk Art Center of New England

10/6/18: Fall Fling - Melbourne Village, FL, No web information, South Brevard International Dancers

**10/12/18**: Greek Festival - St. Augustine, FL, <u>http://www.stauggreekfest.com/</u>, Holy Trinity Greek Orthodox Church

**10/12/18:** Sharpes Assembly English Country Dance - Cocoa, FL, <a href="http://home.earthlink.net/">http://home.earthlink.net/</a> -full circle band/id19.html, South Brevard English Dancers

**10/19/18:** <u>Greek Festival</u> - Lecanto, FL, <u>http://www.stmichaelgoc.org/festival.html</u>, Archangel Michael Greek Orthodox Church

10/26/18: Fall Swedish Music and Dance Weekend - Dodgeville, WI, http://www.folklorevillage.org/

11/1/18: Pourparler - San Antonio, TX, http://www.nfo-usa.org/pourparler.htm, NFO, CDSS

11/02/18: Autumn Leaves - Nashville, TN, http://www.nifddance.com/, Nashville International Folk Dancers

**11/02/18:** Greek Festival - Maitland, FL, <u>http://www.orlandogreekfest.com/,</u> Holy Trinity Greek Catholic Church

11/3/18: Columbia International Folk Dancers 50th Anniversary - Columbia, MD, No web information

**11/08/18**: Greek Festival - Daytona Beach, FL, <u>http://stdemetriosdaytona.org/greek-fesitval/</u>, St. Demetrios Greek Orthodox Church

## Calendar (continued)

11/22/18: Texas Folk Dance Camp - Bruceville, TX, <u>http://www.tifd.org/</u>, Texas International Folk Dancers

11/22/18: Thanksgiving Family Camp - Swannanoa, NC, http://www.familydancecamp.com/

11/23/18: Annual Kolo Festival - San Francisco, CA, http://balkantunes.org/kolofestival

12/26/18: Winter Dance Week - Brasstown, NC, http://www.folkschool.org/, John C. Campbell Folk School

1/18/19: Orange Blossom Ball - South Daytona, FL, http://orangeblossomcontra.com/

**2/8/19:** <u>FFDC Florida Winter Folk Dance Workshop</u> - Orlando, FL, <u>http://www.folkdance.org/</u>, Florida Folk Dance Council, Inc.

#### Folk Dance Tours

For Tours and Cruises with Yves Moreau, see www.folkdancecruise.com or contact info@bourquemoreau.com or 450-659-9271.

For Dance on the Water Folk Tours, see <u>http://folkdanceonthewater.org</u> or contact David and Marija Hillis at <u>folkdanceonthewater@gmail.com</u> or 510-459-0092.

For Seminars of Greek Dance with Kyriakos Moisidis, see <u>http://www.moisidis-dance.gr/en/</u> or contact <u>moisidiskyriakos@gmail.com</u>.

For Tours with Sonia and Cristian, see <u>http://www.soniacristian.net</u> or contact Sonia at <u>sonia\_dion@hotmail.com</u>.

For Jim Gold Folk Tours, see <u>http://www.jimgold.com</u> or contact Jim Gold at <u>jimgold@jimgold.com</u> or 201-836-0362.

For Tours with Zeljko Jergen, contact Fusae Senzaki Carroll at <u>fusaec@aol.com</u> or 916-798-4675

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