



President's Message by Gary Berke

Hello to all,

I am finally getting used to being president, which means taking things in stride. Many of our groups have begun to meet in person and some Zoom at the same time, which is very nice of them. The biggest news was our weekend in Datona Beach at the Plaza Resort and Spa. I wish more people had been able to attend this wonderful event. I missed you, but respect your reasons for choosing not to attend. To make pandemic-era decisions, I always use the "worth the risk" principle. As I do not work closely with young people or live with someone who has not yet been vaccinated, the risk is only to me. It was Pat and Bobby's party and they did a wonderful job. Our meeting room was grand and its long wall of windows faced the Atlantic Ocean. Yes, folks, those who hate beauty had to look away.

Unfortunately, a walk along the beach assaulted the eye with cars in one direction and some of the world's most hideous architecture in the other. The beach itself was fine, the water wasn't too cold for some to swim, and we even saw a couple of Caspian Terns, who, contrary to the nature of their species, managed to adapt to life amid the human throng—less than ten feet from them.

The weekend was a triumph, and Pat was hoping that the resort would be a place for future camps if they can provide enough floor. What made the weekend possible was that the floor was included in the price, as this resort is more expensive than the Ramada in Orlando, where we had our last camp. The following are the concerns people voiced about returning to the Plaza:

1. Crowded, slow elevators.
2. The distance between the dance floor and the rooms.
3. The extra distance to Daytona Beach.



Inside This Newsletter

President's Message..... 1

Club Reports In 6

Orlando International Folk Dance Club..... 3
Gainesville Update..... 4
The Villages Folk Dancers..... 6
Tampa Trivia..... 7

Events 8

Orlando International Folk Dance Club Celebrates 50 Years of Dancing..... 8
Celebrating Our Beautiful Ann..... 10

Footnotes 11

Virtual Folk Dance Classes – A Teacher's Reflection..... 11
International Folk Dance Green Acres Edition..... 13

Calendar and Tours 16

Event Calendar..... 16
Folk Dance Tour Contacts..... 17

Continued On Page 2

Editor's Note: newsletter articles should be submitted using the "newsletter@floridafolkdancer.org" email address. Thank you Vicki

President's Message (continued)

Continued From Page 1

4. The noise of motorcycles all night and a loud band on Friday night. Only those who paid \$30/ night extra for oceanfront rooms escaped the noise, “mostly.”
5. The seedy neighborhood around the hotel.
6. Some people had problems with their bills, both checking in and out, even rudeness.
7. Inflexibility with check out time, very unusual for hotels with groups.
8. The columns... will not be a factor for camp. Different room.

Of course, using this space for camp is only possible if they can come up with enough floor. Pat had quite a battle insuring that we got at least 600 square feet. I wouldn't have signed the contract otherwise. They supplied 800 square feet, of which we actually used about 600, because most people held hands, to my surprise. In short, the Plaza is too expensive if we have to pay extra for a floor. Carla, our new Vice President, is awaiting their proposal for next year.

Five people have already said there was “no need to consider” the Plaza - but more feedback is needed.

Please let me know your feelings about the Plaza. A simple email to ghberke47@gmail.com with either a "yes"(consider) or "no" (do not consider) should do it.

Club Reports In

Orlando International Folk Dance Club By Pat Henderson

Of course, our big news is that we pulled it off: our 50th anniversary celebration on Daytona Beach. See article elsewhere in the newsletter. We wanted it in the spring and we got our wish!

We are dancing weekly with masks (as of April 28) and we now have 14 who have danced in-person post-covid. Tonight we added two more--Audrey and Eva. We are steadily progressing back to normal.

Other news since the last issue saw Nicki Wise traveling to Cincinnati seeing her newest great grandchild. Since she had Covid and was vaccinated, they welcomed her with open arms--and baby! On a different note, Bobby and I will hold our grandchild for the second time in 10 months around May15 after her parents are both fully vaccinated!

On March 27, around 15 of us gathered to wish Ann Robinson a happy 90th birthday. I presented her with a photo book of her dancing with us since we first met in 1989. Here is a photo of her showing the book.



Linda Nicoli sent me the following:

"The play I am in is called Confessions of a Flirt. It was written by a friend of mine, Kristin Springer using the story and poems from her ancestor Mary Eliza Perine who wrote and published them right after the Civil War. It touches on several modern themes especially around the treatment of emancipated slaves after the war, women's opportunities and acceptance and the aftermath of war. The music ranges from old timey to hip hop, written by Sir Mark Hill using Eliza's poems for lyrics. Here is how to find the Facebook Fan Page: #orlandofringe #confessionsflirt #herstory and a link to Orlando Fringe to buy tickets: <https://orlandofringe.showare.com>. "

Bobby and I usually attend several shows during Fringe; it is fun.



Gainesville Update by Joyce Dewsbury



First, I want to thank Vicki for suggesting in the last issue that folks listen to Shto Mi E Milo by the Pennywhistlers. Ethel Raim helped to introduce balkan singing in this country.

Second, it seems like a good thing to continue with the history of our group. So this will take you up to the end of 2018.

One of the things some of those in our group had done for several years was to dance at Al's Place where folks, who had Alzheimers, came to spend the day and do crafts, have music, and dancing, and other activities. So once a month we went there to perform about five or six dances and then had one or two participatory dances. At least two to three of the folks were encouraged to join us and they had a fun time. Initially Joyce Story organized the music and dances for a couple of years but for several months Joyce D. took over as Joyce S. was working on a project. This photo is from November 7, 2018.



We always have a group photo taken during the break time before we have some refreshments. The next photo is dated November 9, 2018.



There was a great party on November 25, 2018 hosted by Philipe. Everyone had a wonderful time dancing and eating some delicious food.



Continued On Page 5

Gainesville Update (continued)

Continued From Page 4

This next photo is another of us at Al's Place. Not only do we miss dancing together as a group but we very much miss dancing there. It felt good to be providing some support to our community. The date is December 3, 2018.



On December 15, 2018 some of the folk dancers attended the afternoon choral concert by Voices Rising Community Chorus of which I am a member. Sadly the intergenerational chorus of over one hundred members has been unable to rehearse or perform because of the pandemic.



We always take a break between teaching and request dancing and after the photo we gather and relax in this area where we can have announcements and share information with each other. The date is December 21, 2018.



The final photo is from December 31, 2018 on New Year's Eve. Mireille hosted a lovely party at her home. It was a pot luck and the food was sumptuous and the dancing a joy.



Continued On Page 6

Gainesville Update (continued)

Continued From Page 5

On a few final notes it seems that about ten of the folk dancers gathered outside the Cade Museum at Depot Park and danced on this past Thursday evening, April 15. Julieta posted some photos and even a short video on Facebook.

Our intrepid Julieta has been traveling about the state during the pandemic. She has gone to parks and forests and she posted the most beautiful photos of sunsets.

This year has been a trial to many if not all of us. So many things have been locked down, and we all cringed when we learned of the devastating effect of this lethal virus and the loss of over half a million people in our country alone. Now that more and more folks are getting vaccinated it is hopeful that gradually things will change and that we can feel safe getting back to dancing and even singing.

Keep well and hugs to all.

The Villages Folk Dancers by Sarah Zimmerman

Our group has been meeting every Wednesday, indoors, with masks on (except for me, I can't teach and wear a mask but I keep 2 times the distance for social distancing). Some of us "attended" some sessions of the NFO conference. It was fun, but really doesn't match the real experience as I'm sure we all agree. I'm hoping we get back to being able to hold hands and dance together again in the not too distant future.

As far as our group goes, there are about 15 people who are willing to dance inside, which is about half of the whole club. Some of our dancers are loath to do that at this juncture, which is a personal choice, of course. Meanwhile, we continue to have a great time when we get together. It's become a pretty close-knit group through the travails of Covid 19 and other challenges.

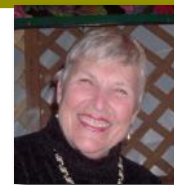
I am having the first of two knee replacements on April 28 so we won't be dancing for the month of May. There's really nobody here who can take over for me, unfortunately. But we weathered my cancer battle (I am cancer-free, I'm happy to say!!!) and Covid 19 so I think we'll weather another challenge for a month.

I enjoy reading about each different group's adventures and am very glad this group is a part of the Florida Folk Dancer family. And, I'm looking forward to our next dance camp. Hoping to bring a few of our members with me this time around.

Opa! Nasdrovje! Happy dancing to all of you!



Tampa Trivia by Terry Abrahams



Hi all! Well, after an almost perfect weekend, those of us who went to Pat's weekend had a wonderful time. Andy and Andi both taught a couple of dances, so Tampa was prominent in a good way. I thought I wasn't going to be able to dance at all, but actually managed to get on the dance floor about five times. I continue to be very very tired, but this stimulus really seemed to help! Food was delicious as was the view of the ocean, despite bad weather. Pat put a lot of details together and made the weekend of Orlando's 50th very special. She had a panel of first "offenders" – the people who started the Orlando group, and it was not only great to see them (I'm sure she'll detail in her article), but quite interesting. She also had a list of dances that were "best" from the 50 years, and we danced many of them. It was also so nice to have people from other parts of the country that had heard there was going to be a live weekend. One of Jim Gold's leaders of trips came in from Philly that was especially interesting for me, since I've been on a few of his trips. We may even do a trip together! Especially nice to see new men! Let's hope by camp time every single one of us will have been vaccinated, and will be able to dance in confidence. I know Gary and Carla are already busy working towards the 2022 camp. We picked some good

officers! I miss being president, I must say, but feel good about this.

Judith wasn't there, because she was in California auditioning for America's Got Talent. If they made it, we will see the results on June 1 -8 pm – NBC. Let's all tune in and hope she and her dance teacher get to show what a person who has danced all her life can do. The only downfall was that she didn't get to come to our weekend. She will eventually write an article with details, just know it was quite a feat – to get through all the interviews, rehearsals, etc. She is a role model for all of us!

I've learned {or at least watched} dozens of new dances on Zoom. This has really been a very positive thing since we can't dance together. The choices are unending - seeing many teachers that we could never see in person, seeing dancers we knew from a long time ago in other places, and seeing lots of living rooms! I'll miss that, but I'll be happy to dance again in person. NFO may figure out a way to keep Zooming alive for just that reason and that would be a good thing too. So – have a happy summer!



Watch for Judith...

June 1 at 8 pm on NBC

Events

Orlando International Folk Dance Club Celebrates 50 Years of Dancing by Pat Henderson



A group of avid folk dancers gathered on Daytona Beach April 16-18 at the Plaza Resort & Spa to celebrate the golden anniversary of the Orlando International Folk Dance Club (OIFDC). When the annual Florida Folk Dance Council Winter Workshop was cancelled in February, I proposed an in-person event since most of us would be vaccinated by April. I really wanted the event to be in the spring since the club started in the spring. We usually have a one-day dance event, Spring Fling so this was an expanded Spring Fling and a big anniversary party. It was also celebrating the 45th wedding anniversary for Bobby and me. I was able to find this hotel on the Atlantic Ocean with one wall with an ocean view with the dance floor at no charge. It was a beautiful setting with 35 dancers and 7 former dancers or family members attending. We had a mask and holding hands optional policy in our dance hall which was a very large 6,000 sq. ft. room. Andi Kapplin and Andy Pollock from Tampa and my husband Bobby Quibodeaux taught a few dances during the weekend. Mostly we had an all request weekend of dancing for Friday night and Saturday. OIFDC has a list of dances popular by year and almost half of the dances on that list were requested. We even did the partner dances of Kreuz Koenig, Ve David and Hole in the Wall. Of course, we did Dodili since that is how Bobby and I ended our outdoor wedding ceremony on April 24, 1976. On Sunday morning, we reviewed and made videos of the dances taught.

One highlight of the weekend was the program: *The 3 Fs: 50 Years of Folk Dancing, Fun and Friends*. Some early members and former leaders were invited to lunch and to share insight into those early years of the club's history. Our club was started by David Digby at the Unitarian Church in Orlando in the spring of 1971. One of our current members, Larry Wartell, was at the first meeting. David moved away

in the early '80s with a change of jobs and we had Katy Warner and Raynette Kibbee take over the group for a few years. They put our music on short cassette tapes which worked well until Bobby and I put our music on minidiscs probably in the mid '90s. That lasted until MP3 files were made popular and we went to music on the computer. We collected music from several sources and in 2001, Bobby was recovering from heart surgery and cleaned up the database so we had no duplicates and he used software to clean up bad recordings. We now have a very pristine music collection. Katy, who originally came from New York, asked how many were at the 1964 World's Fair where Michael and Mary Ann Herman danced and around 6-8 hands went up. It was quite a moment.

Then Bobby brought the group up to date since he and I have been leading our group for over 30 years. This year will mark 23 years of dancing in the studio on our property in east Orlando. Last year before the pandemic, we were having 30-35 dancers every week so we decided to expand the dance studio for a pandemic project. We had two dancers in our bubble who danced with us in May and June while we Zoomed for those not there. We finished the expansion last July and in September, we started our regular dance season with a few people dancing (with masks). We currently have ten or more coming every week to dance in person plus we Zoom. As dancers get fully vaccinated, we are adding one a week lately.

It was a special weekend for all of us as we try to put last year behind us. It is almost two weeks as of this writing since the event and no bad news! Florida is leading the country with in-person dance events! Let there be more and may all the local groups be dancing together again soon if they are not already. Those of us who knew David, who always danced in

Continued On Page 9

Orlando International Folk Dance Club Celebrates 50 Years of Dancing (Continued)

Continued from Page 8

flipflops, felt his spirit there. We wish that his widow, Dorothy Archer could have been there. I am sure that we made David proud when we started our dance sessions with a few of us in flipflops dancing Makedonsko Devoje!



And check out these three dancers - all over 70 with their natural hair color.

Wow! Pat, Andi, and Pat!

Celebrating Our Beautiful Ann By Kelly Fagan



On March 27, via the unquenchable enthusiasm and impetus of Pat Henderson and the combined efforts of The Orlando and DeLand International folk dance villages, a delightful masqued ball (yes masks for

safety) transpired in grand form at the lovely home of Ruth Ann Fay. A beautiful tribute to our dear newly dubbed nonagenarian. Enjoy a few photos from the event.



FootNotes

Virtual Folk Dance Classes – A Teacher's Reflection by Tineke van Geel

In some countries and parts of the USA folk dance classes are slowly returning to 'normal'.

But in most parts of the world virtual folk dance classes are still everyday reality.

In the media we have all read about the impact of Covid-19 on the lives of many people and in this article I want to look to some aspects of this new reality from a teacher's point of view: teaching folk dance virtually and working with dancers who are in their home and follow classes online.

We have all experienced how, from one day to the next, our hobby or job was reduced to zero. Maurits and I - Tineke van Geel - are both professional folk dance teachers and live in the Netherlands. Our calendar was full of bookings and we planned to teach and tour in many countries. We had also planned dance and cultural trips to Georgia, Armenia and the Netherlands. Maurits was actively involved in setting up a large folk dance festival in the Netherlands - Drenthe on the Move - and a group of folk dancers from Singapore would visit the festival and have a tour.

Shortly after returning from a tour to the USA mid-February 2020, we were confronted with a new reality: the complete suspension of all activities mentioned above and restrictive Covid measures. Before I share some experiences with teaching online, I want to cover what motivates us as folk dance teachers and what we see as our goal. Folk dance is not just a cultural expression, but an important part of dancing is togetherness and communication within a group. Dance can even act as a catalyst for people who may have communication barriers and find it easier to visit a class without bringing a partner. As teachers, we try to reduce the pressure by clear teaching, a relaxed atmosphere and Maurits and I also like to blend in some humor. We hope to emphasize that the power

of folk dance is to enjoy what we do as a group parallel to getting familiar with a dance style. At the same time a folk dance class for many people implies a break from everyday life, a time to forget the outside world. We feel privileged to convey this feeling and to include people as part of a dance community.

The fact that we cannot be 'live' makes the above almost impossible, and when we see people dancing alone in their private home, we have mixed feelings because there is a painful lack of direct communication. But we have to deal with the current situation and make the most of our virtual teaching experience. To give some practical input, we would like to reflect on our teaching experiences for Stockton Folk Dance Camp in California, which was our second big Zoom event in 2020.

While normally the 73 year old camp would run for two weeks - split into two week-long sessions with around 120 dancers from different parts of the world each week – it was made into a one-week Virtual Stockton FDC.

That turned out to be a pretty ambitious plan. In some ways we didn't feel good because it wouldn't come close to reality, but on the other hand we have to face the current situation and wanted to help build a camp in this new folk dance reality. For months we met and brainstormed with a team of teachers, organizers and technicians via Zoom. Long sessions that often lasted all night (California morning time) and slowly Virtual Stockton Folk Dance Camp took shape. Dance classes were of course an important part of the presentations. From the beginning it was important to have all elements of the original camp also take place virtually. But at the same time we aimed at presenting new aspects of folk dance teachers. Maurits and I decided to offer three videos: a presentation of a selection of Tineke's Dutch

Virtual Folk Dance Classes – A Teacher's Reflection (Continued)

Continued from Page 11

costumes, a house tour where Maurits shows objects collected during his dance research trips around the world, and finally a video showing Maurits' wooden artwork. He graduated from the Rietveld Art Academy and when he's not teaching folk dance he loves making wooden objects in his workshop. Some other colleagues presented not only a dance class but also cooking classes.

Virtual camp was broadcast and re-broadcast twice in other time zones to make it accessible to folk dancers worldwide and people from all over the world signed up, in total over 1700 participants. To take on this task a large team of technicians and moderators was needed and actually over 60 trained volunteers were involved. From July 11 to July 19, 2020, the camp was online and we could see in chats that hundreds of people were registered, especially during the dance classes and after parties. Was it all free of charge? Yes, it was offered for free, but participants could donate to the camp or a specific teacher or musician. With a certain amount donated, people were offered special services. Major donors would receive the notation and video recordings of all dance classes and lectures. Teachers and musicians received a substantial extra payment thanks to all these donations. This also meant that the website was reorganized to accommodate all of these requirements. Music, and other items were sold directly by the teachers.

Before Stockton Virtual Folk Dance Camp, we had our 1st Zoom experience by teaching classes for the Folk Art Center of New England (FAC), that organizes weekly Zoom dance classes from the start of the pandemic in 2020 (<http://facone.org>). It recently even 'celebrated' a super Zoom session with 50 teachers present who all repeated one dance of the past Zoom year.

Were there many challenges? Yes, Zoom broadcast certainly had its growing pains. We often noticed the

problem of a poor technical connection, which resulted in seeing teachers dancing to music that was often more than a measure before or after the steps. It made us decide to pre-record all our classes on video which resulted in a much more positive result with synchronized music and steps. It was a good learning experience that we later could share with the Stockton team.

What will the future of folk dance be? I think we all agree that it is very difficult, especially for folk dancers, to maintain social distance and to maintain limitations in the number of participants. Virtual meetings can only be a mediocre substitute as there is no real encounter and community.

Participants probably still feel relatively close to the teacher, because it is almost similar to a one on one teaching. We can conclude from the feedback that participants are very appreciative of virtual events. Being on the other side of the spectrum, as teachers we can only observe a limited number of people not even mentioning the fact that we cannot anticipate what people do.

Do you really learn a dance by Zoom, even by purchasing teaching videos? To us it feels like 'dance consumption.' Participants are flooded with a big amount of dances, but frankly we certainly prefer to present some of these dances live in the future.

Luckily vaccination is proceeding in many countries, but safe travelling or the end of quarantine rules is not yet in sight. Challenging times lie ahead of us. Since we do not know how to proceed and many questions are still open, we have to wait and be patient.

In the meantime Maurits and I haven't sat still. Our garden looks great, we installed a watering system supplied by a new constructed water source on our property. Who would guess that The Netherlands would suffer from hot summers in the past years?

We live in an over 100 years old farmhouse and had our brown supporting beams painted, a 2 week job

Continued on Page 13

Virtual Folk Dance Classes – A Teacher's Reflection (Continued)

Continued from Page 12

and 20 years long plan. And speaking of painting: the house looks great because we kept expanding our painting passion as well as taking part in the nationwide (worldwide?) phenomena of tidying up the house.

Since we live in the former stable and turned the front part of the house into a B&B five years ago, we were flooded with reservations of Dutch tourists. It is our backup in case we get weak ankles or malfunctioning other body parts. So far we juggled our opening hours around our teaching and dance tours. In 2020 we had even planned to fully close the B&B, because we would be abroad for six months. How life can change!

Our latest activity is looking ahead to June 2022. We decided to organize our second XXL tour to three countries (maybe Georgia, Armenia, and Iran?). It gives us new energy to make plans for this tour and to think of nice locations to visit. We have a job ahead of us! If you are interested in this tour, drop us an email at vangeel@xs4all.nl.

Hope to see you again in person in some part of the world.

Tineke & Maurits van Geel

Email: vangeel@xs4all.nl

www.tinekevangeel.nl

www.bedandbreakfast54.nl

International Folk Dance Green Acres Edition by Henry Temchin

Editor's Note: Terry recommended this article for the newsletter (reprinted with his permission). When not composing his emails, among other dancing enterprises, Henry is also the choreographer for the South Florida Tamburitza Orchestra & Kolo Group in Deerfield Beach, FL.

"Age is inevitable. Aging isn't." Marv Levy

Hello. It's time for your weekly dance update. One of the focal points of this weekly missive has been to promote the benefits of dance for physical, mental and social health. A number of these emails have provided detailed information on the advantages of participating in our favorite undertaking! While there are myriad merits to dancing and they may be quite specific, it is worthwhile to note that our older dancers may receive these benefits in different ways from a younger population. A literature review of "The Effectiveness of Dance Interventions to Improve Older Adults' Health" may be found via the link <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5491389/>. The conclusion, obvious to us as dancers, suggests that dance, regardless of its style, can significantly improve muscular strength and endurance, balance, and other aspects of functional fitness in older adults.

From Retire-at-Home Services, the advantages of dancing for seniors include the following benefits:

- Improving strength, mobility, and balance
- 92% of the seniors that started an 8-week salsa dance program, completed it and reported improved mobility and balance and a renewed commitment to physical exercise.

Continued on Page 14

Weekly Musings on Dance (Continued)

Continued from Page 13

- Good for heart and cardiovascular health
- Older adults can get the same cardiovascular benefits from dance as they would through traditional cardio exercises like walking or cycling.
- Regularly practicing dance routines can help lower blood pressure and cholesterol, maintain a healthy body weight, and protect the heart from cardiovascular problems.
- Reduces muscle pain and joint stiffness
- After 12-weeks of a low intensity dance program, participants with an average age of 80, reported being able to reduce the amount of pain medication they were taking for their stiff joints and muscles.
- Minimizes stress, anxiety, and depression
- A study in Australia showed that older adults battling anxiety and depression, improved their mood levels and experienced a reduction in stress through dancing. Just a two-week program involving tango lessons showed significant improvements, due to the social and physical benefits of the activity.

We may be getting on in years, but we don't have to be growing old! Clearly, we miss some of the benefits of congregating but, one hopes, that will be changing sooner rather than later.

Well, it's been another quiet week in Greenacres, Florida. We reached a milestone of sorts Saturday. For the first time in a year, Sue-Ellen and I ate at a restaurant. What's more - it was indoors. We are enamored of Indian food and speculated that one of our favorite places would not be crowded if we arrived close to opening time for dinner. While we were pleased to be correct, for our safety, we, also, hoped they would survive and thrive. Fortunately, Taste of India seemed to be doing good takeout business.

We participated in the NFO (National Folk Organization) Virtual Conference the past five days and not only enjoyed the dancing but appreciated the emphasis on cultural and folk art discussions and presentations. In addition there were important panels on Cultural Appropriation and Zooming after the Pandemic. A wonderful event from a terrific organization. This and other events plus all our new opportunities over the past 12 months really are the silver lining in our dark year. On our personal front, the loss of venue and the need to dance drove us to start the YouTube channel Folk Dance with Henry. It gave us the opportunity to dance and post some 250 videos over our stay at home time! We've now had more than 55,000 views so we believe our efforts have been useful. Some of you may even find our Surprising Dances interesting!

Sue-Ellen continues her recovery from cataract surgery. The doctor says her vision is just perfect and she doesn't need glasses to see things in proper focus. Focus is important as we try to accomplish tasks. Years ago, in my 'architecture' days, I had the privilege of being asked to consult on or lecture about a specialized form of construction, a sort of sophisticated 'Tinkertoy' system comprising structural members and connecting hubs for assembling domes, arches, flat grids and even very complex shapes like hyperbolic paraboloids. My most significant project was working with I. M. Pei on the main atrium for the Kennedy Presidential Library in Boston. Earlier, I had been asked to offer the keynote address, in Anchorage, for the Alaska chapter of the A.I.A (The American Institute of Architects) regarding this patented structural system.

Continued on Page 15

Weekly Musings on Dance (Continued)

Continued from Page 14

My host was a contractor in Anchorage and I stayed at the Captain Cook Hotel. It was a delightful trip and I brought back an Inuit mask and some moose meat - a food I had not tasted previously.

I was an avid runner and would even engage in this activity when I traveled. Running in Anchorage was most pleasant with beautiful views along my course. The sky was quite clear, with a bright sun, and this seemed to irritate my eyes. So I sought an ophthalmologist to insure I was all right. My contractor host took me to a local fellow who determined I was fine, merely unaccustomed to the local air and light conditions. I, of course, was relieved and returned home in good spirits. It was only later that I learned the 'doctor' was actually a shaman and I wondered if I had just been tricked by an optical Aleutian?

I can't wait to dance with you again. Have a safe and healthy week.

Here to help you "see the world through your feet," I am,

Henry Temchin

folkdancewithhenry@gmail.com

Folk Dance with Henry <https://www.youtube.com/channel/UCNpvv5ZXfbuATHPHSP4QR7A>

913.475.1112

Copyright © 2021 Henry Temchin International Music and Dance, All rights reserved.



Calendar and Tours

Look for more information on events, tours, and cruises on the FFDC website calendar: www.folkdance.org

Event Calendar



Look Before You Leap... Or Go Dancing...

- ✿ We continue to owe a debt of gratitude to Pat Henderson for maintaining this event list. Remember this data is a moving target. Check and recheck the status if you plan on attending or participating. Please do not rely only on what is printed below or on the FFDC website.
- ✿ On Page 17, there are two links to calendars which are attempting to track everything virtual.
- ✿ For the below list, those events which are scheduled to be **virtual** are indicated with a "V" after the date. .

2021-05-07		International Folk Dance Camp, Hopewell Junction, NY, www.ifc-ny.com/
2021-05-14	V	English Country Dance Weekend, Dodgeville, WI, www.folklorevillage.org/
2021-05-22	V	Ontario Folk Dance Camp, www.ontariofolkdancecamp.ca/
2021-05-28		Florida Folk Festival, White Springs, FL, www.floridastateparks.org/FloridaFolkFestival , Florida State Parks
2021-05-28		Northwest Folklife Festival, Seattle, WA, www.nwfolklife.org/
2021-06-11	V	Scandia Camp Mendocino, www.scandiacampmendocino.org/ , Scandia Camp
2021-06-25	V	West Coast Music and Dance Workshop, Mendocino Woodlands, CA, www.eefc.org/balkan-camp/west-coast/
2021-06-25		Toronto Israeli Dance Festival, Toronto, Canada, www.israelidancetoronto.com/
2021-06-27		Nordic Fiddles and Feet, Lyman, NH, www.nordicfiddlesandfeet.org/
2021-07-09	V	Door County Folk Festival, Baileys Harbor, WI, www.dcff.net/
2021-07-18		KDI Dance Camp, Murray, KY, www.knobtiger.com/
2021-07-24	V	Stockton Folk Dance Camp 2021, www.folkdancecamp.org/
2021-07-30		Lark Camp, Woodlands, CA, www.larkcamp.com/
2021-08-13	V	East Coast Balkan Music and Dance Workshop, Rock Hill, NY, www.eefc.org/
2021-08-15		Mainewoods Dance Camp Week 1, Fryeburg, ME, www.mainewoodsdancecamp.org/
2021-08-22		Mainewoods Dance Camp Week 2, Fryeburg, ME, www.mainewoodsdancecamp.org/
2021-09-03		Balkanalia, Corbett, OR, www.balkanalia.org/ , Balkan Festival Northwest
2021-09-03		Labor Day Weekend at Pinewoods, Plymouth, MA, www.facone.org/labor-day-weekend/labor-day-weekend.html
2021-09-05		Scanfest, Thousand Oaks, CA, www.scanfest.org/
2021-09-17		Enon Valley Folk Dance Camp, Enon Valley, PA, www.folkdancepittsburgh.com/
2021-09-23		Tamburitza Extravaganza, Cleveland, OH, www.tamburitza.org/ , Tamburitza Association of America
2021-09-24		Mountain Playshop, Black Mountain, NC, www.mountainplayshop.org/
2021-10-08		Oktoberfest International and Dance Weekend, Fairlee, VT, www.facone.org/oktoberfest/oktoberfest.html , Folk Art Center of New England

Continued on Page 17

Event Calendar (continued)

Continued from Page 16

2021-10-15	Greek Festival, St. Augustine, FL, www.staugreekfest.com/ , Holy Trinity Greek Orthodox Church
2021-10-21	Pourparler, Dummerston, VT, www.nfo-usa.org/pourparler , NFO
2021-11-05	Greek Festival, Maitland, FL, www.orlandogreekfest.com/ , Holy Trinity Greek Orthodox Church
2021-11-05	Autumn Leaves, Nashville, TN, www.nifddance.com/ , Nashville International Folk Dancers
2021-11-12	Fall Camp, Simi Valley, CA, www.fallcamp.org/
2021-11-25	Texa- Kolo Festival, www.tifd.org/
2021-11-25	Bannerman Folk Camp, Black Mountain, NC, www.bannermanfolkcamp.com/
2021-12-26	Christmas Country Dance School, Berea, KY, www.berea.edu/ccds
2022-01-14	Orange Blossom Ball, South Daytona, FL, www.orangeblossomcontra.com/
2022-01-21	Florida Snow Ball, Gulfport, FL, www.floridasnowball.com/ , Tampa Friends of Old-Time Dance
2022-05-19	California Statewide Folk Dance Festival, Petaluma, CA, www.socalfolkdance.com/statewide.htm
2022-06-05	International Folkfest, Murfreesboro, TN, www.mboro-international-folkfest.org/
2022-07-08	Montana Folk Festival, Butte, MT, www.montanafolkfestival.com/

Andy Pollock has created a calendar for virtual dancing:

<https://tinyurl.com/andyscaler>

Dale Adamson has created a calendar for virtual dancing:

Use this link to access the calendar: <https://daleadamson.com/events-calendar/>

Use this link if you want to submit something to the calendar: <https://daleadamson.com/event-submission/>

Use this link to access various other items (including Andy's calendar!): <https://daleadamson.com/other-online-event-calendars-of-interest/>

Folk Dance Tour Contacts

For Dance on the Water Folk Tours, see <http://folkdanceonthewater.org> or contact David and Marija Hillis at folkdanceonthewater@gmail.com or 510-459-0092.

For Seminars of Greek Dance with Kyriakos Moisidis, contact moisidiskyriakos@gmail.com.

For tours with Sonia and Cristian, see <http://www.soniacristian.net> or contact Sonia at sonia_dion@hotmail.com.

For Jim Gold Folk Tours, see <http://www.jimgold.com> or contact Jim Gold at jimgold@jimgold.com or 201-836-0362.

For tours with Zeljko Jergen, contact Fusae Senzaki Carroll at fusaec@aol.com or 916-798-4675

For tours with Tineke van Geel (sometimes assisted by Maurits), contact them at <http://www.tinekevangeel.nl>.

For the Macedonian and Bulgarian Folk Tour, please contact Vlasto at sunstagecompany@gmail.com or visit <https://sunstagecompany.wixsite.com/arts>

Please note: The Florida Folk Dancer prints information on folk dance tours, camps, and other events that may be of interest to our readers. This does not imply an endorsement or recommendation of any tour or camp (except our own FFDC events!)

Florida Folk Dancer is published six times a year by the Florida Folk Dance Council, Inc., a non-profit corporation whose purpose is to further knowledge, performance, and recreational enjoyment of International Folk Dance.

2021 FFDC Officers

President: Gary Berke
president@folkdance.org

Vice-President: Carla Powers
vicepres@folkdance.org

Corresponding Secretary: Pat Henderson
secretary@folkdance.org

Treasurer: Eva Gaber
treasurer@folkdance.org

Historian: Caroline Lanker
historian@floridafolkdancer.org

Newsletter Editor and Publisher: Vicki Kulifay
newsletter@floridafolkdancer.org

Director at Large: Ruthy Slann

Webmaster: Joe Davis

Immediate Past President: Terry Abrahams

Submissions: Send event notices for the calendar or the newsletter to Pat Henderson.

Send all other newsletter submissions to the newsletter@floridafolkdancer.org email address.

Copyright: Articles in the Florida Folk Dancer are copyright by the Florida Folk Dance Council, Inc., or by their individual authors. Subscriptions for printed and mailed copies are \$15 per year per person and include membership in the Florida Folk Dance Council. Membership without printed newsletters is \$10 per person. The membership year runs from one annual Florida Folk Dance Camp (usually February) to the next. The newsletter is posted on the FFDC website and members with email addresses are notified of its availability.



408 Glencairn Circle
Dunedin, FL 34698